RESOURCES

FOR

PEOPLE WITH MENTAL HANDICAPS

IN

VICTORIA

Province of British Columbia
Ministry of Social Services and Housing

92-02249/

Canadian Cataloguing in Publication Data

Main entry under title:
Resources for people with mental handicaps in Victoria

Cover title.
Compiled by Services to the Mentally Handicapped.
Cf. verso of t.p.
Previously published: Resources for the developmentally handicapped in Victoria. Ministry of Human Resources, 1984.
ISBN 0-7726-1054-1

1. Mentally handicapped - Services for - British Columbia - Victoria - Directories. I. British Columbia. Services to the Mentally Handicapped. II. British Columbia. Ministry of Social Services and Housing. III. Title: Resources for the developmentally handicapped in Victoria.

HV3008.C3R47 1989 362.3'8'02571128 C90-092022-X

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MINISTRY OF SOCIAL SERVICES AND HOUSING SERVICES

The Ministry of Social Services and Housing provides a variety of services for persons with mental handicaps and their families. These services include income assistance benefits, counselling, residential resources, day care, respite care, and training and support programs.

HANDICAPPED BENEFITS

Under the Guaranteed Available Income for Need Act, a handicapped person 18 years of age or older may apply for Handicapped Benefits which include financial and medical service benefits. An application or information concerning the program may be obtained from any of the local Income Assistance and Employment Initiative Program district offices of the ministry. These offices are listed in the blue pages of the telephone directory. Eligibility for Handicapped Benefits is determined according to the criteria established by the Guaranteed Available Income for Need Regulations.

SERVICES TO CHILDREN WITH MENTAL HANDICAPS
770 Bay Street 387-1127

Counselling and support are provided to children with mental handicaps and their families, including children with autism. Family support services include the Special Services to Children program, Homemakers, Respite Services, and referral services to community agencies. This section is also responsible for children in foster care, special care homes, and group homes, and actively recruits for these resources. The ministry funds several community programs including Community Options for Children, Leisure Time, the Queen Alexandra Special Sitters Program and Special Needs Day Care. Referrals are accepted from any source.

SERVICES TO ADULTS WITH MENTAL HANDICAPS

These services are delivered by the Services to the Mentally Handicapped - Adult Section district office. The office is located at **770 Bay Street, Victoria, B.C., telephone 387-1127.** The services provided include the following:

* Counselling and support of mentally handicapped adults and their families;
* Referral to and partial or total funding of training and support programs including achievement centres and intensive adult day programs;
* Referral to and funding for supported work placements;
* Referral to and partial or total funding of residential care programs which may be semi-independent living or supervised community residential care including proprietary residences or society operated residences;
* Support for independent living;
* Referral to and funding for self-help skills programs to enhance the individual's ability to function as independently as possible.

AT HOME PROGRAM

The At Home Program is jointly funded by the Ministry of Social Services and Housing and the Ministry of Health. The program assists eligible families with the exceptional expenses and supports related to caring for a severely disabled child at home, including:

* Medical Services Plan premiums;
* complete Pharmacare coverage;
* complete dental coverage;
* purchase and maintenance of necessary equipment;
* medical supplies;
* medical transportation;
* exceptional therapies;
* orthotics and prosthetics;
* non-nursing respite care; and,
* medically necessary respite care.

Eligibility is assessed on the extent to which the child is dependent on others for activities of daily living such as eating, toileting, dressing and bathing. Children must meet the following criteria: have a severe disability, live in the family home, be under 18 years of age, have the legal right to reside in Canada and have not received a third party settlement which provides funding.

Application forms are available from all Ministry of Social Services and Housing offices and all provincial or municipal health units in British Columbia. For further information, call your local health unit or the Ministry of Social Services and Housing Mentally Handicapped Services Section, **387-1127** in Victoria.

RESIDENTIAL FACILITIES

CAPITAL REGION ASSOCIATION FOR THE MENTALLY HANDICAPPED

3861 Cedar Hill Road
Victoria, B.C. V8P 2M7
477-7231

This organization operates five group homes for adults with mental handicaps which provide a natural home environment with supervision, support and training consistent with the abilities of the residents. The Screening Committee accepts referrals from the Ministry of Social Services and Housing, families, schools and other agencies.

Springwood
936 Mt. Newton Cross Road
R.R. #2, Saanichton, B.C. V0S 1M0
652-3621 or 652-1613
Springwood is a 21 bed residence and day program for adults with varying degrees of mental handicaps. Emphasis of the program is on individual planning to meet specific needs.

Maplewood Group Home
3290 Maplewood Road
Victoria, B.C. V8P 3M5
Maplewood is a four bed home meeting the needs of adults who have returned to the community from Glendale. It provides a structured, supportive environment and encourages each individual to reach their potential.

McRae Group Home
1512 McRae Street
Victoria, B.C. V8P 1G4
595-2821
McRae Group Home is an eight bed home meeting the needs of adults who may have the potential to live more independently. Emphasis is on life-skills and goal-oriented training.

McKenzie Group Home
1112 McKenzie Street
Victoria, B.C. V8V 2W2
382-8310
This home accommodates eight adults in a supportive structured program that encourages optimum independence. For some, this home may provide a transition stage before a more independent setting. An emphasis is on individual planning and goal-oriented programs.

Community Living Program
937 Redfern Street
Victoria, B.C. V8S 4E7
595-8615
This six bed home provides the training and emotional support necessary for adults with a mental handicap to live in their own homes or in shared accommodation with minimal support. The program includes money management, cooking, food purchasing, use of leisure time, emotional support, counselling, and assistance in seeking other necessary services. In order to qualify for this program, a person must either be eligible for or receiving Handicapped Benefits. Average length of stay is 12-18 months, but is flexible according to individual need.

Apartment Program
Conveniently located apartments provide government subsidized accommodation for adults with mental handicaps who are eligible for or are receiving Handicapped Benefits. Some self-help skills contracted time is provided by the Ministry of Social Services and Housing.

FULL LIFE SERVICE SOCIETY
381-2525 or 727-0198
The society is committed to creating a home-like environment while respecting the residents' individuality, level of independence, and freedom to make choices while ensuring their special needs are met. It operates four residential facilities for mentally handicapped adults who have returned to the community from large institutions for persons with mental handicaps.

GLENDALE LODGE
4464 Markham Street
Victoria, B.C. V8X 3X9
479-7101

Glendale Lodge is a residential facility for mentally handicapped adults funded by the Provincial Government. The staff attempts to continually expand and improve the social, recreational and educational opportunities for the residents as well as providing challenging conditions which promote greater physical independence. Participation in on-site programs and attendance at various community events is encouraged.

For those who reside at Glendale, the support services offered include medical, physio- and occupational therapy, social work, activity centres, pre-vocational training, dentistry and more. Community outreach services include respite care, assessment clinics and liaison with community day/residential agencies. Open referrals.

Since 1987, a community integration program has been in effect, encouraging mentally handicapped individuals to return to their home communities. The closure date for Glendale Lodge has been set for 1994, with no admissions as of 1988, other than in exceptional circumstances.

L'ARCHE VICTORIA SOCIETY
1640 Gladstone Avenue
Victoria B.C. V8R 1S7
595-1014

Begun by Jean Vanier in 1964, L'Arche is an international family of 90 Christian communities. People with mental handicaps and those who assist them live, work and share their lives together - creating bonds between people of different ages, cultures, traditions and intellectual levels.

The local L'Arche community in Victoria operates three homes for persons with mental handicaps and one home for physically handicapped persons under the sponsorship of a registered nonprofit society. Referrals are accepted from the Victoria region.

PROPRIETARY HOMES

The Ministry of Social Services and Housing negotiates with caregivers to provide residential care services in community based resources ranging from family homes to small group living situations. Resources caring for three or more residents must be licensed under the provisions of the Community Care Facility Act.
Homes and residents are carefully matched in an effort to provide the best possible environment in which the resident can maximize their individual potential. Payment is on a per diem basis according to the needs of the resident and the amount of care and training provided by the caregiver. For information contact the **Ministry of Social Services and Housing, Services to Mentally Handicapped Adults at 387-1127.**

VANCOUVER ISLAND HOUSING ASSOCIATION FOR THE PHYSICALLY DISABLED (V.I.H.A.P.)

846 Nigel Avenue
Victoria, B.C. V8X 4E5
384-0231

VIHAP's mandate is to provide subsidized housing for disabled people. They promote and maintain the residents' independence, provide support and care based on individual need, provide medical intervention and preventive health care, and operate four group homes:

Nigel House - 35 beds, 24 hour care, registered nurse available 7 days a week, extended and long-term care.
Sutton House - 6 beds, 24 hour attendant.
Hazeland House - 5 beds, 7 hour a day support care worker.
Paskin Way - 5 beds, severely physically handicapped, extended care.

RESPITE SERVICES - CHILDREN

B.C. LIONS' SOCIETY FOR CRIPPLED CHILDREN

3937 Quadra Street
Victoria, B.C. V8X 1J5
382-3171

The society will provide a financial subsidy for temporary accommodation at the Imperial Inn for handicapped persons and their families and/or escorts who are visiting Victoria for medical or treatment purposes. Accommodation should be booked as far in advance as possible.

COMMUNITY OPTIONS FOR CHILDREN AND FAMILIES SOCIETY

102 - 3301 Douglas Street
Victoria, B.C. V8Z 3L2
380-6363

This parent based society offers respite care services for 20 families in the Greater Victoria area who have children with special needs (ages 0-18 years). Caregivers are carefully screened, matched and trained according to the specific needs of the family. Care can be arranged for in home or out of home. Parents are welcome to purchase the service privately and foster families are eligible to use this program. For further information, call **Joan Harivel** at **380-6363** or **the Ministry of Social Services and Housing at 387-1127**

CORNER HOUSE

1703 Davie Street
Victoria, B.C. V8R 4W5
592-8999

The Victoria Churches Group Society sponsors one home which serves as a short-stay hostel for mentally handicapped children from ages 0 to 18 years. There is limited ability to accept non-ambulatory children. Use of this facility is accessible through **the Ministry of Social Services and Housing at 387-1127.** Funded by the Ministry of Social Services and Housing.

CRIDGE CENTRE FOR THE FAMILY

Depending on need, space and level of care required, this facility offers respite to children with a mental handicap on a short-term basis. Call **387-1127** for referral fee and further information.

GLENDALE LODGE

Respite is available on a short-term basis for a limited time. Referrals are made through **the Ministry of Social Services and Housing at 387-1127.**

QUEEN ALEXANDRA HOSPITAL

2400 Arbutus Road
Victoria, B.C. V8W 2P3
477-1826

Five beds are available to provide short-term temporary relief for children who are eligible for admission to this facility but live in the community.

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The Ministry of Social Services and Housing contracts with various individuals for respite for children. There is a user fee for this service. Call **387-1127** for further information.

RESPITE SERVICES - ADULTS

GLENDALE LODGE

Respite is available for a limited time period on a short-term basis for adults with mental handicaps. There is a user fee for this service. Referrals through **the Ministry of Social Services and Housing at 387-1227.**

SPRINGWOOD (C.R.A.M.H.)
936 Mt. Newton Cross Road
R.R.#2 Saanichton, B.C. V0S 1M0
652-1613

Three respite beds are available to provide family relief for short periods of time. User fee.

* * * * *

The Ministry of Social Services and Housing privately contracts with various individuals to arrange respite for adults. User fee. Call **387-1127** for further information.

ADVOCACY AND SUPPORT SERVICES

B.C. COALITION OF THE DISABLED
211-456 West Broadway
Vancouver, B.C. V5Y 1R3
1-800-663-1278 Toll Free
598-9629 David Rees (in Victoria)

This is a province-wide self-help group run by and representing disabled people. Their mandate is to focus on advocacy, lobbying and information sharing on behalf of individuals and groups with disabilities. They lobby all levels of government on policies and attitudes which affect disabled persons; promote public awareness through workshops, conferences and the media; share information and self-help skills; provide advocacy, research and referral; and publish a newsletter "Transitions".

B.C. COUNCIL OF HUMAN RIGHTS
844 Courtney Street Second Floor
Victoria, B.C. V8W 1C4
387-3710 or 1-800-663-0876 (Toll Free)

This group administers the *Human Rights Act* of B.C. The *Act* is anti-discrimination legislation which, among other things, prohibits discrimination against the physically and mentally disabled. Discrimination is prohibited in publications, public facilities, purchase of property, tenancy, employment advertisements, employment and membership in unions and associations. Complaints of discrimination under the *Act* are investigated and adjudicated by the Council and, where necessary, remedies are provided to those individuals who have been discriminated against.

CAPITAL REGION ASSOCIATION FOR THE MENTALLY HANDICAPPED
3861 Cedar Hill Cross Road
Victoria B.C. V8P 2M7
477-7231

The association offers family and personal support through individual counselling, support groups, information sharing, referral, and networking to assist families to obtain appropriate services for their sons or daughters. Education, residential, vocational, recreational, and respite information is provided upon request. Self advocates are offered training so that individually and in groups they can better represent their own interests.
A specific program directed to the needs of parents, one or both who have a mental handicap, is also offered by the association. This program is designed to train parents directly in their homes and integrate them into existing community support groups and community resources.

CITIZEN ADVOCACY
410-620 View Street
Victoria, B.C. V8W 1J6
385-7121

This group's mandate is to establish a support network for the mentally handicapped within their own neighbourhood. Citizen Advocacy serves those with mental disabilities who have little support from others in their lives. Referrals may come from Glendale, teachers, program supervisors, etc. An advocate with the same interests, background and neighbourhood is selected by the group and asked to include a disabled person in their recreational activities and nucleus of friends.

DISABLED WOMEN'S NETWORK (D.A.W.N.) VICTORIA
5544 Sooke Road
R.R.#1 Sooke B.C. V0S 1N0 (mailing address)
642-5720 Marnie Essery
D.A.W.N. provides a network and support group for women with disabilities who are interested in women's issues, particularly those that are significant for disabled women. The group seeks to promote better communication between both women with disabilities and disabled women and able-bodied women through self-awareness and public education.

FAMILY SUPPORT INSTITUTE
300-30 East 6th Avenue
Vancouver, B.C. V5T 4P4
875-1119 (Vancouver) Julia Downs
477-7231 (Victoria) Jane Holland
The aims of this group are to strengthen families of children with disabilities through providing information, referral, training and networking opportunities. It provides videotapes and reading material and publishes a newsletter "Focus on Families".

HANDICAPPED ACTION COMMITTEE
911 Yates Street
Victoria, B.C. V8V 4X3
383-4105
The goal of the H.A.C. is to assist people with emotional problems and/or mental and physical disabilities to acquire independence and self-determination. It serves an advocacy role in promoting equality of opportunity for disabled people and acts as a liason body between disabled and non disabled groups with the ultimate goal of integrating people with disabilities into society. Services include Bus Buddy transportation assistance (see page 22); assistance in obtaining B.C. ferry passes; issuance of handicapped parking decals; counselling services; and HACtion - a free bi-monthly newsletter containing issues of concern and information for people with disabilities in the Victoria area. **Open 9am-4pm Monday to Friday.**

HI WE CARE
401-620 View Street
Victoria, B.C. V8N 1J6
386-5212
This community outreach mission promotes the spiritual needs of the disabled in churches and community groups. It seeks to encourage equality and full participation of people with handicaps within their religious communities; promotes awareness and sensitivity; advocates changes in attitudes, communication and architecture; and operates ANAWIM residential home.

MINISTRY OF HEALTH RESOURCE LINE
1-800-742-1820 (Toll Free)
Provides assistance and direction to callers from around the province regarding services available to individuals with handicaps where the caller has been unsuccessful in accessing information or services locally.

OAK BAY VOLUNTEER SERVICES
2167 Oak Bay Avenue
Victoria B.C. V8R 1G2
595-1034
Provides direct volunteer assistance to those in need. This includes driving to and from medical appointments, shopping, errands and recreational driving; friendly visiting; walking; writing a letter or reading; good day phone call; minor repairs; house-work; gardening etc. **Hours: 9am-12pm/1-4pm Monday to Friday.**

PENINSULA COMMUNITY ASSOCIATION
9751 Third Street
Sidney B.C. V8L 3A5
656-0134

Information network for the Saanich Peninsula. Provides home support services for anyone with a chronic illness or disability.

SPECIAL NEEDS RESOURCE SERVICE (ARBUTUS SOCIETY)
2400 Arbutus Road
Victoria B.C. V8N 1V7
477-2020

Provides information on services available within the Capital Regional District concerning children and youth with physical, mental, emotional and behavioral needs and conditions as well as people with cerebral palsy, regardless of age. The computerized data base contains information on organizations, support groups, resources, finances, respite care, housing, equipment, education, vocational rehabilitation, assessment, recreation and more. **Hours: 8:30am-4:30pm.**

UPS AND DOWNS
301-2722 Fifth Street
Victoria B.C. V9T 4B2
361-3828 or Margot McCullagh at 384-2452

This group consists of family and friends of people with Down Syndrome. Their goals are to provide support for families, to help educate people in the community about Down Syndrome and to network with other groups interested in the lives of people with Down Syndrome. They meet **every second Saturday from September to June at G.R. Pearkes Clinic 3970 Haro Road from 2-4 pm.** Everyone is welcome.

VICTORIA SOCIETY FOR AUTISTIC CHILDREN
P.O. Box 6231 Station "C"
Victoria, B.C. V8P 5L5
477-9913

This advocacy group provides support and information to families of people with autism. They advocate the establishment of facilities for diagnosis, assessment, treatment and education of children and adults with autism as well as educating the public about their needs. Services include regular programs and events for social and educational contact; sponsoring members or professionals to seminars, workshops and conferences; a newsletter; liaison with school, government or professional persons; contact with others who understand the situation of a family with an autistic member; and purchase of goods and services which will be of direct benefit to autistic people.

VICTORIA CHILD SEXUAL ABUSE SOCIETY
101-3025 Shakespeare Street
Victoria B.C. V8R 4H6
370-2111

The services available from the Society include individual, group and family counselling for sexually abused children and their families; personal safety skills development; information and support through the legal process including court preparation and court accompaniment; and public education presentations on sexual abuse and related issues.

RECREATION

B.C. LIONS' SOCIETY FOR CRIPPLED CHILDREN
3937 Quadra Street
Victoria B.C. V8X 1J5
382-3171

Specialized summer camping is available each year from May through August at Camp Shawnigan for handicapped persons from age 8 with no upper age limit. No fees for children ages 8-18. Camp Shawnigan is also available for rental to handicapped groups from September to April. Contact **Mr. Ray St. Dennis at 382-3171** for more information.

CRYSTAL GARDEN
713 Douglas Street
Victoria B.C. V8W 2B4
381-1213

Both mentally handicapped persons and attendants are admitted for free. Accessible by elevator, ramps and wheelchair lift.

HANDICAPPED RECREATION SOCIETY
414-620 View Street
Victoria B.C. V8W 1J6
383-4029

Provides direct recreational services to physically, mentally and emotionally handicapped people. Advocates the provision and access of activities through municipal recreation departments and community agencies. Provides **Leisure Buddy** service - a program that matches disabled persons with volunteers who assist them to participate in community recreation programs. Activities vary from year to year depending on the group's funding. Please call for more information.

HORSEBACK RIDING
Victoria Riding for the Disabled Association
c/o Queen Alexandra Hospital
2400 Arbutus Road
Victoria B.C. V8N 1V7
652-6341 Laura Van De Laar

This nonprofit autonomous organization offers horseback riding opportunities (providing both recreational and therapeutic benefits) to adults and children with all types of disabilities. The riding is supervised by riding instructors with volunteers providing physical support as required. The program is held continuously throughout the year. Medical assessment and approval is required. A small fee is charged. **Lessons are given hourly for 5 hours on Tuesdays - 9:30am-12:30pm; 4-5pm.**

INTEGRATED RECREATION SERVICES
613 Pandora Avenue
Victoria B.C. V8W 1P6
384-4314

This is a free service provided by the municipalities of Esquimalt, Oak Bay, Saanich and the City of Victoria. The service is designed to enable people with disabilities to become involved in municipal parks and recreation opportunities and provides program information, liaison, and referral into municipal recreation programs; leisure planning assistance; information about facility accessibility, support services and activity adaptations; **leisure assistance program** - volunteers provide support to people with disabilities and have access to **leisure assistant's card** allowing them free admission to recreational activities.

OPERATION TRACKSHOES
c/o Camosun College
3100 Foul Bay Road
Victoria B.C. V8P 4X8
386-9233

This group holds an annual provincial track and field meet for people with mental handicaps. The recreational and competitive event is held on the second weekend in June at the University of Victoria. Although the entry fee for out-of-town people is about $50 (which includes meals and accommodation) subsidies are available. Registration forms are mailed out to all groups representing people with mental handicaps or can be obtained directly from Operation Trackshoes.

SPECIAL OLYMPICS VICTORIA
Box 384 Station "E"
Victoria B.C. V8W 2N2
384-6202/386-4888 (evenings) Jill Fergus
385-3533 Ian Dyke

A year round sports club for mentally disabled teens and adults - ages 13 years or older. It gives disabled people a social venue in which to learn more about sports and become physically fit and, if possible, provides the opportunity for some to participate in provincial, national and international competitions. A registration fee of about $10 is required.

SWIMMING

CENTENNIAL POOL - Juan de Fuca Recreation Centre
1767 Island Highway
Victoria B.C. V9B 1J1
478-8384
Due to the diverse needs and ages of all participants, the pool encourages the use of all available swim times. Regular admission rates include admission of a leisure buddy as well as access to the pool, swirl and sauna. Special needs groups may rent the pool at $20 an hour (1989 rates).

CRYSTAL POOL
2275 Quadra Street
Victoria B.C. V8T 4C4
383-2522
Free admission to leisure buddy. Those receiving Handicapped Benefits pay reduced rates. Handicapped access is now being substantially upgraded.

OAK BAY POOL
1975 Bee Street
Victoria B.C. V8R 5E6
595-7946
Free handicapped persons' swim **Saturday 11:30-1pm.** No instruction. Free admission to leisure buddy.

PANORAMA POOL
1885 Forest Park Drive
Sidney B.C. V8L 4A3
656-7271
Rehabilitation swims: **Wednesday 1:30-3pm; Saturday 11am-12:30pm.** Handicapped persons welcome at all other swims. Free admission to leisure buddies who produce cards.

WATERSLIDES
All Fun Recreation Park
650 Hordon Road
R.R. 6 Victoria B.C. V8X 3X2
474-3184

Mentally and physically disabled individuals and attendants admitted free from May 10 to September 8.

YM/YWCA
880 Courtney Street
Victoria B.C. V8W 1C4
386-7511

This facility attempts to integrate handicapped persons into any program (swimming, aquafit, fitness classes). Will assist in finding advocates. Limited wheelchair accessibility. Free admission to leisure buddy.

TRANSPORTATION

AIR CANADA
20 Centennial Square
Victoria B.C. V8W 1P7
382-9242 5:30am-11pm (Reservations only)

A 50% discount is available to an attendant who travels with a disabled person. To gain access to the discount, initial reservations must be made. Doctor of disabled person must then phone into Air Canada with patient's file number.

B.C. FERRIES
1112 Fort Street
Victoria B.C. V8W 1E4
386-3431

Half price fare for disabled persons and attendants if they possess a B.C. Ferry Corporation I.D. card or acceptable proof of disability. To obtain I.D. card: **call 381-1401 or write to B.C. Ferry Corporation Attention: Pat Stevens or contact Handicapped Action Committee at 383-4105.**

B.C. TRANSIT BUS PASSES
Ministry of Social Services and Housing
848 Fort Street
P.O. Box 1900
Victoria B.C. V8W 3J7
387-4331

A one-year (January 1 - December 31 only) unlimited use bus pass for travel on B.C. Transit buses in the Capital Regional District is available for $36 (1989 rate) to those people receiving Handicapped Benefits. Application should be made directly to the Ministry of Social Services and Housing.

BUS BUDDY
Handicapped Action Committee
911 Yates Street
383-4105

The Bus Buddy Program trains volunteers to assist disabled persons who do not have the ability, skill or confidence to ride the public transit buses alone. Training is then provided for those handicapped who are able and motivated to eventually accomplish this end.

GREYHOUND OF CANADA
700 Douglas Street
Victoria B.C. V8W 2B3
388-5248

Greyhound allows B.C. residents with disabilities and their escorts to ride together for the price of one ticket. This applies only to regular fares. Drivers will assist people in wheelchairs to get on and off the bus. Most Greyhound depots have wheelchair accessible bathroom facilities.

handyDART
4206 Commerce Circle
Victoria B.C. V8Z 6N6
727-7811

handyDART is convenient door-to-door transportation for anyone whose disability prevents them from using the regular transit service. Vehicles are wheelchair lift-equipped. Users must register with handyDART. To register or book a trip, **call 727-7811. Cost is $1.50 for a one-way trip; $2 for a 2 zone trip.** Attendant travels free. Hours of service: **7am-10pm Monday to Friday; 8am-midnight Saturday; 9am-10pm Sundays and holidays.** It is wise to book ahead - **8am-6pm Monday to Saturday.**

PACIFIC COACH LINES
710 Douglas Street
Victoria B.C. V8W 2B3
385-4411

Provides bus transportation from downtown Victoria to downtown Vancouver, Vancouver International Airport, or VIA Rail Station. A small reduction applies to disabled persons with attendants.

ROAD RUNNER SUPPORT SERVICES
69C West Burnside Avenue
Victoria B.C. V8X 2P6
388-5465

Transportation for disabled persons. **Cost is $1 per running minute or $40 per hour.** No charge for loading or unloading times.

SUNRISE TRANSPORTATION
3333 Tennyson Avenue
Victoria B.C. V8Z 3P5
382-4488

Charter company for groups or agencies. Equipped for wheelchairs. Can evacuate large groups in an emergency.

VIA RAIL
P.O. Box 8116 Station "A"
Montreal P.Q. H3C 3N3
1-800-665-8630 (Toll Free)

Disabled persons pay full fare while attendant travels for free. Both require advance reservations and a medical certificate is required for person with disability.

SPECIAL NEEDS

B.C. LIONS' SOCIETY FOR CRIPPLED CHILDREN
3937 Quadra Street
Victoria B.C. V8X 1J5
382-3171

Financial aid is offered to needy disabled children (up to and including 18 years of age) to provide specialized equipment, accommodation and travel not covered by the Medical Services Plan of B.C.

DOWNEY ENTERPRISES LTD
3375 Whittier Avenue
Victoria B.C. V8Z 3R1
384-9122

NISIKA ENTERPRISES INC
1133 Fort Street
Victoria B.C. V8V 3K9
383-4821

These private organizations provide services to disabled persons on a contractual basis with the Ministry of Social Services and Housing and other community agencies. Life skills teaching includes: interpersonal skills, time management, social behaviour, homemaking, personal hygiene, nutrition, financial management and counselling. **(See also under day programs).**

MINISTRY OF HEALTH
Services to the Handicapped Division
387-2276

Adult Residential Services: this program arranges for the funding and development of a variety of community based housing options for adults with multiple handicaps who have previously lived in institutional settings.
Day Programs: arranges for the development and funding of a variety of day activities for adults who are already living in the community.

Children's Early Intervention Program: assists communities and child development centres to provide appropriate developmental programs and support for children 0-6 years of age who are at-risk or have handicaps.

Associate Family Program: offers natural parents, who, for various reasons, are unable to assume ongoing care of their child, a positive alternative to institutional care.

In-Home Nursing Respite Program: provides in-home nursing support for children whose current medical needs require the attention of a professional caregiver.

PACIFIC CENTRE FAMILY SERVICES ASSOCIATION
3221 Heatherbell Road
Victoria B.C. V9C 1Y9
478-8357

Professional counsellors provide assessment and therapy to families who are deemed to be in need of protection. Fee for service for clients not covered by government funding. Open referrals.

SPECIAL SITTERS (ARBUTUS SOCIETY FOR CHILDREN)
2400 Arbutus Road
Victoria B.C. V8N 1V7
477-1826

Provides a babysitting service for special needs children. Students undergo training, matching and follow-up with families requesting this service for their children. The family pays a minimal fee. Call **Jennifer Clarke at 477-1826.**

VANCOUVER ISLAND AUTISTIC HOMES SOCIETY
813 Darwin Avenue
Victoria B.C. V8X 2X7
380-6866

A nonprofit society whose aim is to develop training, vocational and residential opportunities in the community for autistic adults.

DAY PROGRAMS

COMMUNITY EXPLORATIONS
Capital Mental Health Association
1450 Elford Street
Victoria B.C. V8S 3S8
595-1151

This program is designed for adults with dual diagnoses of emotional/mental disabilities and developmental handicaps/serious learning disabilities. Its focus is to enable participants to function more independently in the community, and perhaps to move on to more vocationally-oriented programs. A program fee of $1 a day is charged to assist in covering program costs. Referrals should be directed to **CMHA 595-1151** and are accepted from community agencies. Input is requested from the individual's physician.

CROSSROADS HUMAN SERVICES
105 Simcoe Street
Victoria B.C. V8V 1K5
380-6626

Crossroads Social and Athletic Program: for profoundly and severely mentally handicapped adults leaving Glendale. Assists clients' exploration of the community and its varied resources with the focus on integrated social and recreational opportunities. Clients develop life-skills and engage in craft training with personal growth being the underlying focus. **Monday to Friday 9am-3pm.**
Also operates **Langford Program 1039 Dunford Avenue 477-5557.**

DOWNEY ENTERPRISES LTD
3375 Whittier Avenue
Victoria B.C. V8Z 3R1
384-9122

SERIO Program: a highly structured pre-vocational program and life-skills training centre for severely and profoundly mentally handicapped adults in preparation for sheltered employment, community programs and greater independence.
Alternate Pursuits Activity Program: introduces socialization and leisure skills to clients through art, music and movement.

LEISURE TIME
813 Darwin Street
Victoria B.C. V8X 2Z7
381-3116

This program provides occasional day time respite to parents or guardians of mentally and/or physically disabled children and teenagers from 5-18 years of age. It also provides an opportunity for the participants to engage in appropriate social recreational activities on an individual and group basis. Program hours are: **Life Skills Groups: Monday-Friday during the school term 3-5pm; Friday Teen Night 6-9pm $3 per night; Saturday 9am-6pm; Sunday 12-5pm; Holidays (except statutory) 10am-3pm.**
Bussing is available from a central pick up spot in Colwood and Central Saanich, provided there are two or more requests for this service. Cost is $2 round trip.
Reservations for the weekends should be made no more than six days in advance, and will be confirmed Wednesday or Thursday of that week. **Call 381-3116.**

NISIKA ENTERPRISES INC
1133 Fort Street
Victoria B.C. V8V 3K9
383-4821

Community Awareness, Training and Support Program (C.A.T.S.): serves 11 mentally handicapped adults. Designed to promote learning that will increase ability.
Extensions:serves 12-13 adults from Glendale **9am-3pm.**

SPECIAL NEEDS DAY CARE

This program facilitates the optimum participation of children with special needs in day care programs through the provision of extra supports which address the child's specific needs. It is a family support service enabling parents of special needs children to prepare for and/or maintain employment and financial independence. Call **the Ministry of Social Services and Housing at 387-1127.**

INFANT AND PRE-SCHOOL SERVICES

G.R. PEARKES CENTRE FOR CHILDREN
3970 Haro Road
Victoria B.C. V8N 4A9
477-1826

Capital Region Infant Development Program
This community based program provides services in the home for developmentally delayed children from 0-3 years. It is designed to maximize the child's developmental potential. There are no fees for service. Open referrals. Call **477-1826 local 348.**

Child Development Program
An out-patient program for the parents and children to provide access to the centre for treatment. Operates an pre-school for children 0-6 years with 5 integrated classes out of 8.

EDUCATION - CHILDREN

GREATER VICTORIA SCHOOL BOARD - SPECIAL EDUCATION SERVICES
556 Boleskine Road
Victoria B.C. V8Z 1E8
381-3212

Offers special classes for all levels of the mentally disabled; autistic children; learning disabled; and physically handicapped. Operates Victor School Outreach Program and classes out of Queen Alexandra Hospital and G.R. Pearkes Clinic. For more information, call your local school district:
School District #61 381-3212 (Victoria)
School District #62 478-1781 (Sooke)
School District #63 652-1151 (Saanich)

Project Chance: Operated by the school districts, this program provides non-educational support services for certain children with exceptional physical and/or mental needs who may be excluded from an education in a school setting if personal support services are not provided. Call your local school district for more information.
Victor Street School, 2260 Victor Street, 595-7511
Serves profoundly physically and mentally disabled and autistic children from 5-19 years. Individual education programs are set up as well as physio- and occupational therapy, assessments, and speech theraphy.

R.E.A.D. SOCIETY OF VICTORIA
720 Linden Avenue
Victoria B.C. V8V 4G8
388-7225

This nonprofit society offers academic assessment and remediation to children and adults with learning difficulties in language arts and math. Individually designed programs in small class settings and the use of innovative teaching methods create a positive environment for students to attain their goals.

EDUCATION - ADULTS

CAMOSUN COLLEGE ADULT SPECIAL EDUCATION SERVICES

Room 128 Fisher Building
3100 Foul Bay Road
Victoria B.C. V8P 4X8
370-3321 or 370-3312

This service provides education, counselling and programs for adults with special needs.

Access Resource Centre: An intake worker provides assistance with registration, assessment, referral and goal planning. Information on college accessibility is available and tours may be arranged. Learning materials, such as Visual-Tek enlargers, tape recorders, talking books, etc may be provided as well as interpreters. Parking permits for people with disabilities are issued here.

Student-Mentor Program: Matches special needs students with mentors (student aides). Mentors may review coursework, assist with personal or study skills, read or take notes, type assignments or help a disabled student around the campus.

Basic Academic Skills Development (B.A.S.D.): Individual learning programs in a small class setting provide the adult with skill levels below grade 8 with basic skills of reading, writing, and math for the purpose of improved employability, entry to college or trades programs, or personal satisfaction.

Basic Employment Readiness Training: Designed to assist people with special needs to develop skills necessary to get and keep a job or to prepare them for regular college programs.

Basic Vocational Skills Development: Provides skills training for individuals who are potentially employable and interested in the trades.

OPEN LEARNING INSTITUTE: SPECIAL NEEDS SERVICES PROGRAM
838 Fort Street
Victoria B.C. V8W 1H8
356-8124 or 1-800-663-9711 (Toll Free)

Provides counselling and program planning, course adaptation, advocacy and liaison, special exam and extension arrangements, volunteer helpers, Student Link program, technical aids etc. Call for more information.

R.E.A.D. SOCIETY OF VICTORIA
See under **EDUCATION: CHILDREN.**

EMPLOYMENT/VOCATIONAL TRAINING AND ASSESSMENT

CAPITAL REGION ASSOCIATION FOR THE MENTALLY HANDICAPPED
3861 Cedar Hill Cross Road
Victoria B.C. V8P 2M7
477-7231

Operates three achievement centres:
Sentinel Woodworks, 740 Tyee Road, 384-3184
The emphasis of this program is on creating a working environment which reinforces good work habits, attitudes and behaviors. Prepares the individual for work in a community setting where production, consistent performance and motivation are prerequisites. Open referrals. **Call 477-7231.**
Springwood, 936 Mt. Newton Cross Road, 652-1613
Winnifred M. Clark Centre, 3861 Cedar Hill Cross Road, 477-7231
Emphasis is to provide training which develops skills and eliminates barriers that inhibit the individual's opportunities. Programs in gardening, small crafts, packaging and appropriate behavior are offered. Clients receive a stipend. Open referrals.

The Association presently coordinates training and gainful employment programs for adults. These include the operation of janitorial services and supported work opportunities. Open referrals.

The Association also has **self-help skills contracts** integrating persons at three program areas: Small Industries, Small Contracts, and Woodworking.

GARTH HOMER CENTRE
813 Darwin Avenue
Victoria B.C. V8X 2X2
388-4244

Provides a variety of vocational programs: **Building Maintenance Training:** work readiness and janitorial skills leading to employment; occupational activity for severely and multihandicapped - development of skills needed to advance to other programs: simple crafts, contract work, personal and social enrichment; workshops providing a rehabilitation environment which offers work assessment and training, job satisfaction, personal growth, and long-term work where appropriate. Departments in the workshop include basketry, weaving, sewing, silk screening, party crackers, chair caning, woodworking, custom packaging and contracts.

GOODWILL ENTERPRISES FOR THE HANDICAPPED
220 Bay Street
Victoria B.C. V9A 3K5
385-5756

Offers a rehabilitation program for handicapped individuals who have the potential to become employable. The seven month program includes work assessment, work training, and adjustment using in-plant work stations. Vocational goal setting, counselling, and follow-up are also offered.
Goodwill Enterprises provides employment to approximately 220 handicapped persons. Employment openings are competitive and advertised locally.

ST. VINCENT DE PAUL SOCIETY
840 View Street
Victoria B.C. V8W 1K2
382-0712

Store locations: 840 View Street 382-3213
2784 Claude Road 478-0282
9788B 2nd Street 655-3188

Operates three stores which provide a supervised work placement for physically and mentally handicapped individuals who are unable to find and/or retain employment. Recreational and social opportunities are an integral part of the program. Open referrals.

Ozanam Sheltered Workshop
4349 West Saanich Road
Victoria B.C. V8Z 3E8
727-2247

Provides training and social interaction for mentally handicapped adults. Emphasis is placed on developing appropriate work habits and actual skills to assist with independence. Areas of training include woodworking, arts and crafts, contract work, kitchen and janitorial work, gardening and assisting in the society's sorting area and stores.

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CANADA EMPLOYMENT CENTRE

722 Johnson Street
Victoria B.C. V8W 1N1
388-3481 (Victoria)

3962 Borden Avenue
Victoria B.C. V8P 3H8
727-6551 (Saanich)

Provides job information and placement, counselling services, and referral to other agencies for employable physically and mentally handicapped persons. The Saanich Centre has a **Special Needs Counsellor.**

MICHAELS AND ASSOCIATES
810 Fort Street Third Floor
Victoria B.C. V8W 3A9
592-3332

Provides vocational testing and assessment, and rehabilitation and job seeking skills. Cost may be covered by Canada Employment Centre - Special Needs Program. Phone for appointment.

VICTORIA VOCATIONAL COLLEGE
6-2333 Government Street
Victoria B.C. V8T 4P4
381-1233

Offered to young adults with special needs. Program provides participants with academic and vocational skills that will enable them to find and keep regular employment. Vocational training is offered in food services, autobody, office skills, horticulture, and building maintenance. Academic programs focus on skills in decision making, problem solving and basic and applied reading and math. Remedial instruction is provided when necessary.

VOCATIONAL REHABILITATION SERVICES
Ministry of Advanced Education and Job Training
838 Fort Street Second Floor
Victoria B.C. V8V 1X4
356-8069

This service coordinates and pays fees for vocational and work assessments, medical supplies, counselling, vocational and academic training, and assistance with work placements. Open referrals.

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